



The right formula

Taking driving into the classroom

Driving Skills – Theme 3: Speed matters

Activity 3b

Risk assessment

Driving, whether on the road or on the track, involves ever-changing situations and drivers have to constantly assess risks in order to remain safe and to protect others. This becomes second nature to experienced drivers.

Risk assessment is a careful examination of what could cause harm, so that one can take precautions to prevent it happening. Formal Risk Assessments are carried out in all walks of life especially in the area of Health & Safety.

- Think of situations in your life where you (and/or others) may be exposed to risk. For example, travelling in a car as a passenger, or walking alone late at night.
- Choose one of these situations and carry out a risk assessment, following the basic steps below.

STEP 1

Look for potential hazards.

STEP 2

Decide who could be harmed and how (you and/or others).

STEP 3

Evaluate the risks to yourself and others.

Decide if each risk is high or low.

Deal with high risks as a priority.

STEP 4

Examine existing precautions set and other measures already taken. Decide whether they are adequate or more needs to be done.

STEP 5

Write down a list of what needs to be done, when and by whom.

This is your Action Plan. You need to review your Action Plan every now and then and to update it.

Class organisation

Individual work

Resources

Factsheet 3b:
Assessing risk –
an example